

## Clinical Nutrients for 45 Plus Women

Questions?

[www.transformyourself.com](http://www.transformyourself.com)  
[www.vibrant radianthealth.com](http://www.vibrant radianthealth.com)

1 866 300 6360



Amount per 6 tablets		%DV**
Selenium (as L-selenomethionine)	200 mcg	286%
Copper (as copper gluconate)	2 mg	100%
Manganese (as manganese citrate)	2 mg	100%
Chromium (as chromium picolinate)	200 mcg	167%
Molybdenum (as sodium molybdate)	75 mcg	100%
Sodium	10 mg	<1%
Potassium (as potassium aspartate)	100 mg	3%
Cinnamon ( <i>Cinnamomum cassia</i> ) Bark Extract	300 mg	***
Choline Bitartrate	215 mg	***
Antioxidant Blend: sweet cherry fruit extract, green tea leaf extract, grape seed extract, pomegranate fruit extract, and giant knotweed root and rhizome extract containing 50% resveratrol	118 mg	***
Digestive Blend*: ginger rhizome extract, dandelion root extract, and black radish root	115 mg	***
Vegetable Blend: broccoli flower, cabbage leaf, tomato fruit, carrot root, collard greens, mustard greens, kale leaf, and spinach leaf	50 mg	***
Inositol	30 mg	***
Betaine HCl	25 mg	***
Cranberry ( <i>Vaccinium macrocarpon</i> ) Fruit Extract standardized to contain 30% organic acids (quinic, malic, and citric acid)	25 mg	***
Bilberry ( <i>Vaccinium myrtillus</i> ) Fruit Extract 4:1	10 mg	***

Supplement Facts		
Serving Size 6 tablets	Servings per container 30	
Amount per 6 tablets		%DV**
<b>Calories</b>	15	
<b>Total Carbohydrate</b>	3 g	<b>1%**</b>
Dietary Fiber	1 g	<b>4%**</b>
Vitamin A (75% as beta carotene and as retinyl acetate)	5,000 IU	100%
Vitamin C (ascorbic acid)	300 mg	500%
Vitamin D (as cholecalciferol)	800 IU	200%
Vitamin E (as natural mixed tocopherols)	60 IU	200%
Vitamin K (as phytonadione)	120 mcg	150%
Thiamin (as thiamin HCl) (vitamin B1)	60 mg	4,000%
Riboflavin (vitamin B2)	60 mg	3,529%
Niacin (as niacinamide and niacin)	90 mg	450%
Vitamin B6 (as pyridoxine HCl)	25 mg	1,250%
Folic Acid	800 mcg	200%
Vitamin B12 (as cyanocobalamin)	800 mcg	13,333%
Biotin	600 mcg	200%
Pantothenic Acid (as calcium D-pantothenate)	50 mg	500%
Calcium (as calcium carbonate, tricalcium phosphate, and calcium citrate)	800 mg	80%
Iodine (as potassium iodide)	450 mcg	300%
Magnesium (as magnesium aspartate and magnesium oxide)	300 mg	75%
Zinc (as zinc gluconate)	15 mg	100%

Amount per 6 tablets		%DV**
Boron (as sodium borate)	3 mg	***
Lutein	1.5 mg	***
Silicon (as magnesium trisilicate)	1 mg	***
Vanadium (as vanadyl sulfate)	100 mcg	***
Zeaxanthin	75 mcg	***

\*\*Percent Daily Values (DV) are based on a 2,000 calorie diet.  
 \*\*\*Daily Value not established.